

Baby Boost - Let's Go!

Autumn 2023 (up to 9 December)



Baby Boost provides fun, **FREE** and interactive play sessions jam-packed with exciting learning experiences for children born in lockdown. These sessions will be held across Reading at your nearest children's centre (CC) or other local venue.

Monday

Sport in Mind
Multi-sports
Cintra Park
9.30-10.15am

Tuesday

Stay and Play
Southcote CC
10-11.30am

Sport in Mind
Football

Prospect Park 3G Pitch
9.30-10.15am

Multi-sports
Christchurch Meadows
(next to the tennis courts)
11-11.45am

Stay and Play
Coley Community
Centre
1.30-2.45pm

Wednesday

Soft Play
Coley Community
Centre
9.30-10.30am

Stay and Play
Battle Library
1-2.25pm

Sport in Mind
Yoga Dance & Movement
Southcote CC
12.45-1.30pm

Ranikhet CC
2.30-3.15pm

Thursday

Stay and Play
Sun Street CC
11.30am-12.45pm

Sport in Mind
Multi-sports
Battle Library
11-11.45am

Friday

Stay and Play
Whitley CC
9.30-10.45am

Sport in Mind
Rugby
South Reading Leisure
9.30-10.15am

Football
Palmer Park 3G Pitch
11-11.45am

Saturday

Stay and Play
Ranikhet CC
9.30-11am

No sessions on:
2 September
30 September
21 October
28 October



Find out more!



Sport in Mind sessions are term-time only



more info overleaf

For all sessions, please book your place.

Email: baby.boost@brighterfuturesforchildren.org



Follow us at
@BFFCChild



Baby Boost - Let's Go!

All children born in lockdown missed out on vital learning and development opportunities due to the pandemic when all support services were closed.

Research shows that when children access high quality and well planned activities, they make faster progress and any delay they may have experienced due to the pandemic will be reversed.

Every Baby Boost session will support your child's learning and development in the three prime areas of the early years foundation stage, giving them a good solid foundation for when they start nursery and school.

Our focus is on providing a rich environment to support speech and language, with enough space for children to move freely and get physical, plus lots of opportunities to interact and get busy with new friends!

All sessions are sensitively supported by experienced staff who have a wide knowledge of child development and understand the ways children learn.

Stay and Play sessions will last 1 hour 15 minutes and Sport in Mind sessions are 45 minutes. Water and a fruit snack will be provided.



Find us at:

Battle Library

420 Oxford Road, Reading RG30 1EE

Coley Community Centre

140 Wensley Rd, Coley Park, Reading RG1 6DW

Ranikhet Children's Centre

Dee Space, Ranikhet Children's Centre,
Thurso Close Reading RG30 4YH

Southcote Children's Centre

85 Coronation Square, Reading RG30 3QP

Sun Street Children's Centre

Sun Street, Reading RG1 3JX

Whitley Children's Centre and Whitley library

252 Northumberland Avenue, Reading RG2 7QA

Sport in Mind

- Palmer Park 3G Pitch, Reading RG6 1LF
- Tennis Courts, South Reading Leisure Centre, Reading RG2 8DF
- Prospect park, Liebenrood Road, Reading RG30 2ND
- Cintra Park, Cintra Avenue, Reading, RG2 7AU
- Christchurch Meadows, George St, Caversham, Reading RG4 8BY

Useful contacts

Reading Family Information Service

fis@reading.gov.uk

Community midwives

0118 322 8059

Health visiting team

0118 931 2111

www.brighterfuturesforchildren.org/p&c-baby-boost

